

LIFE. LEISURE. TRAVELLING



SECTION 1. WATCHING A VIDEO

1. Watch the video. Are the sentences true or false?

- 1) Robert Falcon Scott had been an explorer for many years when he became captain of the Discovery. **True/false**
- 2) It took over a year to travel to the Antarctic. **True/false**
- 3) When they arrived in Antarctica, they built a hut. **True/false**
- 4) They lived on the ship for many months. **True/false**
- 5) Captain Scott was the first man to reach the South Pole. **True/false**

2. Watch again. Number the events (A-H) in the order that they happened (1,2,3,4,5,6,7,8).

_____	A	The Discovery set off from the UK.
_____	B	Two ships arrived to help free the Discovery.
_____	C	The Discovery arrived on the Antarctic coast.
_____	D	Scott was working in the navy.
_____	E	Scott and two others decided to try and walk to the South Pole.
_____	F	Scott joined the expedition to the Antarctic.
_____	G	The Discovery stopped in New Zealand.
_____	H	The ice froze around the ship.



SECTION 2. LISTENING

1. Listen to four people answering the following questions:

- Do you think people work too hard nowadays?
- What do you like to do to relax?
- What is your idea of a perfect day?
- How would you describe your attitude to life?

Decide which of the words in the box best describes each speaker:

Pessimist / realist/ optimist/ risk-taker
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Speaker 1

Speaker 2

Speaker 3

Speaker 4

2. Listen to the speakers again and complete the following phrases:

Speaker 1	Work hard for(1); (2) something in life; Life has its (3)
Speaker 2	Live life on (4); feel(5); your quality (6)
Speaker 3	Have a(7) attitude; life is full of (8)
Speaker 4	Have a positive (9); live life to(10);(11) a happy life



SECTION 3. READING

1. Read the text and decide whether the sentences below are TRUE (T) or FALSE (F)

LEISURE



Leisure activity is not just for fun, says a University of Florida psychologist who has developed a scale that classifies hobbies based on needs they satisfy in people. The scale can help people find more personal fulfilment by giving them insight into what they really like. “The surprising thing is that activities you might think are very different have similar effects on people”, said Howard E.A. Tinsley, a UF psychology professor who developed the measurement. “Probably no one would consider acting to have the same characteristics as roller-skating or playing baseball, but men and women who

act as a hobby report feeling an intense sense of belonging to a group, much the same way others do in playing sports.”

And activities providing the strongest sense of competition are not sports, but card, arcade, and computer games, he found. Participating in soccer satisfies our desire for a sense of “belonging” and coin collecting and baking fulfil their need for “creativity”. “With so many people in jobs they do not care for, leisure is a prized aspect of people’s lives” Tinsley said. “Yet it is not something psychologists really study. Economists tell us how much money people spend skiing, but nobody explains why skiing really appeals to people.” Or how one activity relates to another, perhaps in unexpected ways, Tinsley said. Fishing, generally considered more of an outdoor recreational activity, for example, is a form of self-expression like quilting or stamp collecting, because it gives people the opportunity to express some aspect of their personality by doing something completely different from their daily routine, he said.

- Both acting and roller-skating give people a strong feeling of being a team. (T/F)
- Taking part in sports gives you the strongest desire to win. (T/F)
- Collecting things satisfies people’s desire for making things. (T/F)
- Researchers already know why a hobby attracts a person. (T/F)
- Fishing allows you to show the type of person you are. (T/F)

2. Read the newspaper feature below and answer the questions

The Riverside village of Upton is planning its tenth Summer Family Day to take place next month. All the usual activities will be there for families to enjoy and this time there will also be a talent show, "Upton Has Talent". Any parents, children, or whole families who can sing, dance, or generally entertain, are welcome to take part. Interested? Then Mrs. Bickley, the event organizer, would like to hear from you before 21st June on 0322 428111. The Summer Family Day will be alongside the river, where there is going to be a special stage set up for "Upton Has Talent." Be there!

Example: Where is Upton located? beside a river

1. How many Summer Family Days has Upton had so far?
2. What is going to be new this year?
3. How should people contact Mrs. Bickley?.....
4. What are the talent show participants going to perform on?

SECTION 4. GRAMMAR AND VOCABULARY



1. Read the text. Choose the correct answer, A, B or C.

A Holiday to Help Others

Last summer, my friend Kara and I had a unique opportunity. Instead of going on a package holiday as we (1) _____ normally do, we decided to volunteer in Puerto Rico.

Our friends and parents said it could be dangerous as we had to (2) _____ the continent and we knew little about the place. However, we were determined to go. We went to travel (3) _____ who arranges holidays for volunteers and she organized everything. We ended up in a mountain village in Puerto Rico which had been seriously damaged in a terrible storm. We stayed in a small hotel in the valley, so we had to cycle (4) _____ to the village every morning. The ride was hard and the work was even harder, but it was very satisfying.

A couple of evenings a week we (5) _____ a lift into the nearest town where we could have a delicious meal or go dancing with other volunteers. I have to say that Puerto Rican food might be the best I have ever tasted! We weren't ready to leave after two weeks, and our (6) _____ home was a sad one. After this experience, I will never go on an ordinary holiday again.

1)	A must	B would	C had
2)	A cross	B miss	C fly
3)	A guide	B leader	C agent
4)	A forward	B uphill	C back
5)	A used to get	B were getting	C might have got
6)	A tour	B travel	C journey

2. Complete the text by putting a preposition in each gap, as in the example.

I live (**Example:**) in Italy and every year I fly **1**England to see my family. I usually go **2**the middle **3** June, but last year I went **4** the last Monday **5** May, a public holiday **6** England. I arrived **7** Heathrow Airport **8** exactly 12 o'clock. Unfortunately, I had to wait to get a coach because of the holiday timetable, but the coach left **9** time. I finally arrived just **10** midnight.

3. Complete the text with the correct form of the words in brackets.



I think that travelling to (0) unfamiliar (FAMILIARISE) places and staying in completely (1) _____ (DIFFERENCE) surroundings can be very (2) _____ (REWARD). When we do things, we earlier saw as unthinkable, this can help us deal with our fears and worries. For example, when I was on a (3) _____ (TREK) trip in Vietnam last year, my friends and I stayed in a small guesthouse far away from any town or village. To get there, you had to walk down a long (4) _____ (WIND) path to a river. Then, you had to go across to the other side on an old suspension bridge. The (5) _____ (CROSS) was a big problem for me. I was sure the bridge would collapse, but it was easier every day. I was also surprised I didn't have a problem with being disconnected from all my friends and family (there was no Wi-Fi) and in fact it was a very (6) _____ (PLEASE) break. This winter we're going on a (7) _____ (SKI) holiday and staying in a hut high up in the mountains. I can't wait!

TEST SCORE	
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